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Snack Mixes: Nut, Popcorn & Cereal Mixes (Southern Cooking Recipes Book 43)



Synopsis

Nuts, popcorn and cereal can be healthy and nutritious snacks. Whether you like your munchies, sweet or savory, you will find many recipes for your favorite snacks. The recipes are great for late night snacks, tailgating, ball games, mid afternoon snacks, lunches and holiday appetizers. The snack mixes make great gifts for the holidays. They are easy to make and everyone loves to snack. Nuts are heart healthy and we all need to eat more of them. Peanuts, pecans and walnuts are most famous in the south but everyone loves cashews. Add a few ingredients and you can turn your basic nut into a delicious appetizer or snack. Dry cereal is great as a snack by itself but when transformed with a few ingredients, you have a great snack mix. Pita chips are my favorite and included are all my favorite toppings for pita chips.

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Customer Reviews

Just read thru the book and am pleased with the variety and amount of recipes. Great investment for snack/party ideas

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